

1015 Fourth Ave N, Minneapolis MN



Welcome Desk
612-344-2221

Alive & Kickin
612-382-7155

Courage Kenny
612-775-2475

MHRC
612-342-1330

Northside Funders
Group
612-351-8214

NorthPoint
612-543-2500

Open Circle
612-843-4940

Thomas T. Feeney
612-843-0090

YMCA
612-230-3987

Center Mgmt
Office Hours
Monday – Friday
8:00 a.m. - 4:30 p.m.

Contact Information
Evelyn LaRue
Center Director
612-344-2210

This publication
highlights different
programs, activities,
and events at the
Heritage Park Health
and Wellness Center.



Join Us

**Clinic Open
House
May 19, 2016
11:00 a.m. – 1:30
p.m.**



During the open house you will be able to tour the clinic, meet staff and learn about services and get free dental and health screenings. There will also be an art reveal and meet and greet with Brian Kingman. We will have wonderful door prizes and light refreshments will be served.

NorthPoint offers Medical and Behavioral Health services to clients 40 and older. NorthPoint's goal is to provide quality health care across the life cycle of the people we serve, as well as address health disparities and inequities that impact mortality and quality of life. The clinic is open Monday through Friday from 8:00 a.m. – 5:00 p.m. and provides great patient care to community members. More information about the clinic is available on their website at: <http://www.northpointhealth.org> or by calling 612-543-2500.



COMMUNITY SING OUT

Join us every 2nd Monday of the month
from 2:00-3:30 p.m.



JOIN US Wednesday, May 25, 2016
9:30 a.m. to 1:00 p.m.
Theme: Stay Young At Heart
ABC's of Health
Be Active
Be Brilliant
Be Calm



Join us for the
"Senior Perspectives"
radio program on
KMOJ 89.9 FM every
Friday at 1:00 p.m. in the
Great Room



Movie Matinee

*Come watch a
movie every
3rd Tuesday
of the month
from
2:00 - 4:00
P.M.*

**Community
Bingo**
*Join us every
4th Monday of
the month
from 12:30-
2:30 p.m.*

*Great prizes,
refreshments
and fun!!!!*



AUTHOR TALK
Wednesday, May 4th, 2016
10:30 am
A tale of unsung heroes and
forgotten stars that battled
discrimination and other
hardships to play the game they
loved.



4th Annual Big Hat
Mother's Day Tea
Thursday,
May 5th, 2016
12:00 - 2:00 p.m.

Call 612-344-2221 to RSVP



**Free Live Theater At
Heritage Park YMCA**

"The Changelings"
Saturday, May 7, 2016
At 4:00 p.m.

**For more information call
612-344-2221**